

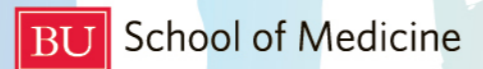
# The Steven J. Parker Memorial Developmental-Behavioral Pediatric Conference: Clinical Problems in Primary Care

March 18-19, 2016  
Royal Sonesta Boston Hotel | Cambridge, MA

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# The Steven J. Parker Memorial Developmental-Behavioral Pediatric Conference: Clinical Problems in Primary Care

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**bu.edu/cme**  
The Barry M. Manuel Office of  
Continuing Medical Education

## Agenda

### FRIDAY | MARCH 18

7:30am  
Registration and Continental Breakfast

8:15  
Welcome and Introduction  
Marilyn Augustyn, MD

#### MODULE: INFANT MENTAL HEALTH AND PARENTING

8:30  
KEYNOTE - 2016 HARRIS LECTURE  
SPEAKER  
Reparation in Infant-Parent Interactions  
Ed Tronick, PhD

9:30  
Maternal Depression and Impact on Child  
Development  
L. Kari Hironaka, MD, MPH

10:15  
Break

10:30  
Don't Throw the Baby Out with the Bath  
Water – and Other Wisdom From Infant  
Mental Health  
Marilyn Augustyn, MD

11:15  
Fostering the Adolescent Parent-Child  
Interaction in Primary Care  
Fadiyla Dopwell Louis-Obike, MD, FAAP

11:45  
Lunch (On Your Own)

1:00pm  
Chronic Pain in Kids and  
Interdisciplinary Management  
Caitlin Neri, MD, MPH

1:45  
Anticipatory Guidance for the Child with  
Special Health Care Needs  
Jodi K. Wenger, MD

2:30  
mHealth and Children with Special Health  
Care Needs  
Mary Ellen Killion Stolecki, MSN, CPNP

3:15  
Break

3:30  
Child Abuse: What the Pediatric Clinician Needs  
to Know  
Kimberly Schwartz, MD, MPH

4:15  
Shared Care Plans: The Pitfalls and Promise for  
Chronic, Complex and Medically Fragile Kids  
Matthew D. Sadof, MD, FAAP  
Jack Maypole, MD

5:00  
Adjourn

Please refer to [bu.edu/cme](http://bu.edu/cme) for the most  
up-to-date information on accreditation  
and educational content.



### SATURDAY | MARCH 19

7:45am  
Continental Breakfast

8:15  
Introduction  
Jack Maypole, MD

#### MODULE: SUBSTANCE USE: FROM BABIES TO PARENTS

8:30  
The Physiology of Addiction  
Ruth A. Potee, MD, ABAM

9:30  
Developmental-Behavioral Approach to  
the Treatment of Pediatric Substance Use  
Disorders  
Lisa R. Fortuna, MD, MPH

10:15  
Break

10:30  
The Teen Brain on Marijuana: What Every  
Practicing Clinician Should Know  
Miriam Schizer, MD, MPH

11:15  
Opioids and its Impact on the Newborn  
and Beyond - A Panel Discussion  
Susan A. Minear, MD  
Kelly Saia, MD  
Elisha M. Wachman, MD

12:15pm  
Lunch (On Your Own)

1:30  
Transitioning Care for the Intellectually  
Disabled Young Adult  
Laurie M. Douglass, MD

2:15  
Executive Functions: Getting Focused and  
Organized  
Naomi Steiner, MD

3:15  
Break

3:30  
Ten Best Articles in Developmental-  
Behavioral Pediatrics in 2015  
Marilyn Augustyn, MD  
Laura Sices, MD, MS

4:45  
Adjourn

#### Core Competencies

This activity has been developed with  
consideration given to the American Board of  
Medical Specialties Six Core Competencies.  
This activity will increase your competency in  
the areas of patient care, medical knowledge,  
practice-based learning and improvement,  
interpersonal and communication skills,  
professionalism, and systems-based practice.

## Hotel

Royal Sonesta Boston Hotel • 40 Edwin Land Boulevard, Cambridge, MA 02142  
Phone: (617) 806-4200 or (800) SONESTA • Website: [sonesta.com/boston](http://sonesta.com/boston)

By staying at the conference venue, you help BUSM meet its contractual obligations. Please  
take this into consideration when making your accommodation decision.

A block of rooms has been reserved at the special rate of \$199/night, single or double, plus tax.  
The room block will be held until February 16, 2016, or until it is full. You may make reservations  
by calling the hotel directly. Mention you are with the BU School of Medicine conference.  
After Feb. 16th, reservations will be accepted on a space and rate available basis. For online  
reservations, visit our website at [bu.edu/cme](http://bu.edu/cme).

#### About Dr. Parker

Steven Parker, MD, graduated from Cornell University and University of Michigan Medical School. Dr. Parker completed his pediatric residency at Stanford University Hospital. He completed a fellowship at Children's Hospital of Boston with T. Berry Brazelton in Child Development. He started his career in private pediatric practice but after 3 years joined the faculty at Boston University School of Medicine and Boston Medical Center (the former Boston City Hospital) and he became Director of Developmental and Behavioral Pediatrics in 1994, a position he served for over 13 years. He founded and directed the Comprehensive Care Program at BMC – a national model in family-centered care for children with developmental disabilities. He published extensively on many areas in DBP and also was the voice of pediatrics for WebMD. His compassion, wisdom and insight in supporting children and families across Boston and the country will not be forgotten. In addition, he cofounded this conference in 1984 with Dr. Barry Zuckerman and it is in his memory that we hold the annual Steven J. Parker Memorial Developmental Behavioral Pediatrics Conference. We hope for all participants that it is an annual opportunity to revisit the topics that are at the core of pediatric practice and to remember Steve's own advice for parents from his blog:

*"Enjoy your kids! Enjoy the ride! Some day soon you'll wonder how it all went by so fast and why you didn't appreciate it more as it was happening."*

# Faculty and Planning Committee

**Laurie M. Douglass, MD**  
Assistant Professor, Pediatrics and Neurology  
Director, Pediatric Epilepsy  
Director  
Pediatric Neurology Residency Program

**Lisa R. Fortuna, MD, MPH**  
Faculty  
Medical Director of Child and Adolescent Psychiatry  
Boston Medical Center

**L. Kari Hironaka, MD, MPH**  
Assistant Professor of Pediatrics  
Division of Developmental and Behavioral Pediatrics  
Boston Medical Center

**Susan A. Minear, MD**  
Associate Professor of Pediatrics  
Director of the BMC Baby Steps Program  
Co-Hospitalist at the BMC Birth Place  
Pediatrician, Ambulatory Pediatrics  
Boston Medical Center

**Caitlin Neri, MD, MPH**  
Assistant Professor, Attending Physician  
Division of Pediatric Heme/Onc  
Medical Director, Pediatric Pain Clinic  
Boston Medical Center

**Jodi Santosuosso, APRN, BC, NP-C**  
CNE Course Advisor  
Clinical Instructor, Family Nurse Practitioner  
Division of Developmental and Behavioral Pediatrics

**Kelly Saia, MD**  
Assistant Professor of Obstetrics and Gynecology

**Kimberly Schwartz, MD, MPH**  
Assistant Professor of Pediatrics  
Medical Director, Child Protection Team  
Medical Director, MA center for SID

**Laura Sices, MD, MS**  
Assistant Professor, Pediatrics

**Naomi Steiner, MD**  
Director of Training DBP

**Mary Ellen Killion Stolecki, MSN, CPNP**  
Instructor of Medicine  
Part-time Lecturer  
Bouvé College of Health Sciences  
Northeastern University

**Elisha M. Wachman, MD**  
Assistant Professor of Pediatrics  
Attending Neonatologist  
Boston Medical Center

**Jodi K. Wenger, MD**  
Assistant Professor of Pediatrics  
Comprehensive Care Program  
Boston Medical Center

## Guest Faculty

**Ruth A. Potee, MD, ABAM**  
Family Physician-Valley Medical Group,  
Greenfield, MA  
Medical Director  
Franklin County House of Corrections

**Matthew D. Sadof, MD, FAAP**  
Associate Professor in Pediatrics  
Tufts University School of Medicine  
Baystate Childrens Hospital

**Miriam Schizer, MD, MPH**  
Instructor in Pediatrics  
Harvard Medical School  
Staff Physician  
Adolescent Substance Abuse Program  
Division of Developmental Medicine  
Boston Children's Hospital

**Ed Tronick, PhD**  
University Distinguished Professor  
University of Massachusetts Boston  
Research Associate  
Department of Newborn Medicine  
Harvard Medical School  
Faculty Director and Founder  
University of Massachusetts Infant Parent  
Mental Health Fellowship Program

## Disclosure Policy

It is the policy of Boston University School of Medicine Department of Continuing Medical Education, that faculty disclose to program participants any real or apparent conflict of interest. In addition, the faculty is asked to disclose any discussion pertaining to the unapproved use of pharmaceuticals and devices. Complete disclosure information will be available on site in the printed course materials.

Check out another Pediatric CME/CNE offering:

**Current Clinical Pediatrics 2016**

April 18-22, 2016

Omni Hilton Head Resort | Hilton Head, SC

# Accreditation

## Target Audience

Primary care physicians, pediatricians, pediatric nurse practitioners, nurses, child mental health professionals, physician assistants and family nurse practitioners

## Educational Needs Addressed

Emotional and behavioral problems among children and adolescents continue to be highly prevalent and their significance for well-being is well documented, but the vast majority of children...are still unidentified and untreated (Academic Pediatrics, Volume 10, Number 4, July - August 2010 252-259). In addition, children with special health care needs are a population that has received recent focus in attention and need as the medical home and accountable care are both designed to improve care for these complex children.

Early identification of developmental disorders is critical to the well-being of children and their families. It is an integral function of the primary care medical home and an appropriate responsibility of all pediatric health care professionals. Delayed or disordered development can be caused by specific medical conditions and may indicate an increased risk of other medical complications. Delayed or disordered development may also indicate an increased risk of behavior disorders or associated developmental disorders. Early identification should lead to further evaluation, diagnosis, and treatment. Early intervention is available for a wide range of developmental disorders; their prompt identification can spur specific and appropriate therapeutic interventions. Identification of a developmental disorder and its underlying etiology may also affect a range of treatment planning, from medical treatment of the child to family planning for his or her parents. In order to identify a delay, pediatric clinicians need to be aware of what problems exist and how they manifest.

Of nearly 7.4 million children in the United States diagnosed with emotional, behavioral, or developmental conditions, a disproportionate number do not get the mental health services they need because they are under insured, according to a new report released by the Health Resources and Services Administration (HRSA). The study also finds that boys, adolescents, and children from low-income families are affected by conditions such as depression or Attention Deficit Disorder at higher rates than other children, but that adequate health services for these children remain an unmet need. In addition, transition issues for these same children are of paramount importance and complexity.

The report, "The Mental and Emotional Well-Being of Children: A Portrait of States and the Nation 2007," identified seven emotional, behavioral, or developmental conditions: depression, anxiety, Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder, conduct disorders, autism spectrum disorders, developmental delay and Tourette Syndrome. Children with these conditions can benefit from a variety of therapies including counseling and medication.

In addition, we will focus on two theme specific modules: the field of infant mental health and its relevance for primary care and the impact of substance use on the parent and child. As a recent study shows, primary care clinicians are caring for one third of children with mental health problems, thus their knowledge is critical to providing quality care. (Pediatrics Volume 136, number 5, November 2015, e1178-1185)

This conference will address many of these gaps.

## Educational Objectives

Through lectures and question and answer sessions, participants at the conclusion of this conference will be able to:

- Describe the latest clinical information on developmental and behavioral issues in children and families
- Identify such problems in their practice and work settings
- Choose and provide appropriate treatment for such issues

## Accreditation

Boston University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Boston University School of Medicine designates this live activity for a maximum of **13.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This Live activity, The Steven J. Parker Memorial Developmental-Behavioral Pediatric Conference: Clinical Problems in Primary Care, with a beginning date of 03/18/2016, has been reviewed and is acceptable for up to **13.25 Elective credits** by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This continuing medical education activity has been reviewed by the American Academy of Pediatrics and is acceptable for a maximum of **13.25 AAP credits**. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

Continuing Nursing Education Provider Unit, Boston University School of Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This program is pending accreditation by the National Association of Pediatric Nurse Practitioners (NAPNAP) for 13.25 NAPNAP CE contact hours, of which 3 are pharmacology (Rx) content.

# Registration

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Name: \_\_\_\_\_

Degree: \_\_\_\_\_

Specialty: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

In which format would you like to receive your syllabus?  Printed  USB Thumb Drive

Degree Type	Through January 1 <sup>st</sup>	After January 1 <sup>st</sup>
MD/DO	<input type="checkbox"/> \$495	<input type="checkbox"/> \$545
Others	<input type="checkbox"/> \$375	<input type="checkbox"/> \$425
Fellows/Residents	<input type="checkbox"/> \$375	<input type="checkbox"/> \$425
<input type="checkbox"/> Check here if you are a BUSM alumni. (20% discount)		

## How to register:

### Credit Card Payment (recommended payment method)

Register online, select the pay by credit card option, and complete payment (make sure you see a thank you screen at the end of this process). We accept MasterCard, Visa, Discover, American Express.

### Check Payment

Register online, select the pay by check option, mail check to the address on the back panel or complete the registration form above, mail both the form and check. Please make checks payable to Boston University School of Medicine. For questions, contact our office at 800.688.2475 or 617.638.4605 or email at [cme@bu.edu](mailto:cme@bu.edu).

### Substitution/Cancellation Policy

Substitution may be made at any time without an additional charge. Refunds will be issued for all cancellations received at least two weeks prior to the start of the conference. Should cancellation occur less than two weeks prior to the start of the conference, a credit towards another Boston University School of Medicine conference will be issued, not a refund. A \$50.00 administrative fee will be charged for all refunds and credits. "No shows" are subject to the full course fee. Cancellations/substitutions must be made in writing. Refunds and credits will not be issued once the conference has started. This course is subject to change and/or cancellation.

### Special Services / Dietary Needs

To request reasonable accommodations for disabilities, please notify the Office of Continuing Medical Education, in writing, at least two weeks prior to the start of the conference. The Office of Continuing Medical Education will work to accommodate dietary requests (including, but not limited to: kosher, vegetarian, low cholesterol, and low sodium) received in writing at least two weeks prior to the start of the conference.

[bu.edu/cme](http://bu.edu/cme)

## Boston University School of Medicine Faculty and Planning Committee

**Marilyn Augustyn, MD**  
Course Co-Director  
Professor of Pediatrics

Director, Division of Behavioral and Developmental Pediatrics  
Medical Director  
Reach Out and Read-Massachusetts  
Co-Editor, *Behavioral and Developmental Pediatrics: A Handbook for Primary Care*

**Jack Maypole, MD**  
Course Co-Director  
Clinical Associate Professor in Pediatrics  
Director  
Comprehensive Care Program (CCP)  
Boston Medical Center

**Patti-Ann Collins, DNP, MSN/MBA/RN**  
Lead Nurse Planner  
Office of Continuing Medical Education

**Fadiyla Dopwell Louis-Obike, MD, FAAP**  
Fellow, Division of Behavioral and Developmental Pediatrics

